



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

What's New?

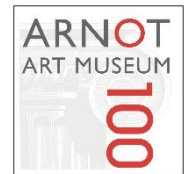
[Schuyler County Transit Adds Route to Chemung County](#)



The Arc of Chemung-Schuyler is pleased to announce that a new service is being offered by Schuyler County Transit (SCT), effective January 2022. SCT's route expansion will provide transportation connectivity between Chemung and Schuyler counties, so people of all abilities have reliable transportation to increase access to employment, recreation and health care. For more information and details visit SchuylerCountyTransit.org or call the Transportation Link-Line at 607.535.3555 M-F 9 am – 5 pm. To view the full statement, [click here](#).

[Arnot Art Museum: Fill the Sleigh](#)

Throughout January, the Museum will collect non-perishable food items for donation to Elmira's Community Kitchen as well as new or like-new winter outerwear for the Samaritan Center. Bring in a donation and you will receive FREE admission to the current exhibitions and entry into a drawing for a year-long Museum Membership. [Click here for a list of most needed items](#). Check the Museum website [here](#) and social media pages for more information and Museum's hours.



[Winters Can Be Hard. Let 211 Help.](#)



2-1-1 HELPLINE is here for your community health and human services needs. We are able to refer you to a database of 600 nonprofit and governmental agencies that can help with nearly any problem. Just dial 2-1-1, text your ZIP code to 898211, or visit 211Helpline.org to connect with the services you need. Winters can be hard, but finding safety and comfort can be easy.

[Red Cross Blood Drive at Arnot Mall: 1/7, 11:30 am – 4:30 pm](#)

DANGEROUSLY LOW BLOOD SUPPLY: The Red Cross is experiencing the worst blood shortage in over a decade. They need your help to save lives! Arnot Mall is hosting a blood drive on Friday, 1/7 from 11:30 am – 4:30 pm. For more dates and locations available, [click here](#).



**Don't FLIP OUT,
use FLIP IT!**



Parenting Class with Karen Sweeney: FLIP IT – January 2022

Does your child, or a child in your care, test you with challenging behaviors? Do you feel like you've tried EVERYTHING? Don't FLIP OUT, use FLIP IT! Flip It Training is offered at no cost! Four easy steps made simple! Classes will be held Tuesdays & Thursdays, January 25, 27, February 1, 3, 8 from 3 – 5 pm. Pre-register by calling Karen at 607.426.4879 or email markarensweeney@gmail.com. Space is limited!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

COVID-19 Vaccination Clinics

On January 3rd, the FDA released a statement expanding the use of Pfizer-BioNTech COVID-19 vaccine to include the use of a single booster dose individuals 12 – 15 years of age. For more information [click here](#). The CDC recommends vaccine booster shots for anyone who is eligible, 5 months after completing your primary series (2 months after receiving Janssen’s Johnson & Johnson COVID-19 vaccination).

COVID-19 Vaccine Clinics for Chemung County

Tuesday, 1/4 from 2:30 – 5 pm

*at Holy Family Catholic School
421 Fulton St, Elmira*

BOOSTERS ONLY. [Register here for Moderna Booster](#).
[Register here for Pfizer Booster](#).

Wednesday, 1/5 from 10 am – 5 pm

*at Arnot Mall
3300 Chambers Road, Horseheads*

The Old Macy’s Location, use the door to the right of the mall door 4. Use outside entrance. Walk-ins welcome until 4:30PM. [Register here](#).

Wednesday, 1/5 from 4:30 – 7 pm

*at Chemung County Health Department
103 Washington Street, Elmira*

Pre-registration is strongly recommended to secure an appointment. If there are no-shows, walk-ins may be accepted during the last hour of the clinic. No walk-ins will be accepted during the first hour. [Register here](#).

Wednesday, 1/12 from 10 am – 5 pm

*at Arnot Mall
3300 Chambers Road, Horseheads*

The Old Macy’s Location, use the door to the right of the mall door 4. Use outside entrance. Walk-ins welcome until 4:30PM. [Register here](#).

Wednesday, 1/12 from 4:30 – 7 pm

*at Chemung County Health Department
103 Washington Street, Elmira*

Pre-registration is strongly recommended to secure an appointment. If there are no-shows, walk-ins may be accepted during the last hour of the clinic. No walk-ins will be accepted during the first hour. [Register here](#).

Wednesday, 1/19 from 10 am – 5 pm

*at Arnot Mall
3300 Chambers Road, Horseheads*

The Old Macy’s Location, use the door to the right of the mall door 4. Use outside entrance. Walk-ins welcome until 4:30PM. [Register here](#).

Wednesday, 1/19 from 4:30 – 7 pm

*at Chemung County Health Department
103 Washington Street, Elmira*

Pre-registration is strongly recommended to secure an appointment. If there are no-shows, walk-ins may be accepted during the last hour of the clinic. No walk-ins will be accepted during the first hour. [Register here](#).

Wednesday, 1/26 from 10 am – 5 pm

*at Arnot Mall
3300 Chambers Road, Horseheads*

The Old Macy’s Location, use the door to the right of the mall door 4. Use outside entrance. Walk-ins welcome until 4:30PM. [Register here](#).

Wednesday, 1/26 from 4:30 – 7 pm

*at Chemung County Health Department
103 Washington Street, Elmira*

Pre-registration is strongly recommended to secure an appointment. If there are no-shows, walk-ins may be accepted during the last hour of the clinic. No walk-ins will be accepted during the first hour. [Register here](#).

Guthrie & Arnot Clinics

Guthrie and Arnot offer vaccination clinics for ages 5 & older and boosters for ages 18 & older.

Appointments are required. For more information including locations and scheduling please visit

Guthrie.org and ArnotHealth.org.



C.I.D.S. Newsletter 2022
 Phone: 607.733.6533 Fax: 607.733.0939
Info@CIDSFamilies.com www.CIDSFamilies.com
 Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

Resources, Events & Things to Do

[Elmira Family Resource Center Calendar: January 2022](#)



Make it Mondays, Taste Test Tuesdays, Nature Walks at Tanglewood, Park Playdates, Zoom Storytimes, Wiggle Wednesdays, and Thinker Thursdays. Scan the QR code for a look at the calendar and visit them [here on Facebook](#) for updates and to stay connected.



[Horseheads Family Resource Center Calendar: January 2022](#)



You can visit our Playful Learning Program at 2 locations! Come and play any time during our open hours. All families are welcome and there is no charge! Scan the QR code for a look at the calendar and visit them [here on Facebook](#) or at HorseheadsFamilyResourceCenter.org



[Unstructured Playtime \(UPT\) at Sky Gymnastics](#)

Is your child in need of a place to get out some energy? UPT is open gym time for parents & children to play together with full use of the gym to explore! Ages 6 months – 5 years, parent participation required, pre-registration required, space is limited. Tuesdays 1 – 2 pm & Fridays 11 am – 12 noon. \$10 per child. All families are expected to follow current COVID policies & procedures. [Register Here](#).



Baby Bistro: Wednesday 1/12 from 3:30 – 4:30 pm



Baby Bistro from TTBN allows families to meet other moms and families, ask lactation specialists questions, learn about breastfeeding topics, and help support other moms! This is a FREE support group for ALL moms, moms to be and their families! Join via Zoom at <https://zoom.us/j/92614472566>, from 3:30 – 4:30 pm on the second Wednesday of each month! For more info, call 607.737.2039 or 607.735.5717.

[The Music and Movement Program](#)

happens every Monday at Leaps and Bounds. There are 2 classes 9:00 and 10:15. You can sign up by calling Leaps and Bounds. It usually fills up quickly with little ones who are receiving services through EI or preschool.



[Affordable Pet Vaccination Clinics](#)



Just like people, pets need to get regular vaccinations in order to stay healthy. Chemung County Humane Society and SPCA offers affordable clinics that bring your pets up-to-date on their necessary shots. These clinics are by appointment only. For more information and to sign up, [click here](#).



C.I.D.S. Newsletter 2022

Phone: 607.733.6533 Fax: 607.733.0939

Info@CIDSFamilies.com www.CIDSFamilies.com

Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

Tanglewood Nature Center & Museum Winter Programs

Tanglewood Nature Center & Museum is a Great Place to Be – Naturally! Over 10 miles of hiking trails, 40 animals on site, 20,000 children educated annual and a legacy of over 40 years of preservation! OPEN Tuesday – Friday, 9 am – 4 pm, and Saturday 10 am – 4 pm. Trails are open dawn to dusk year-round at both locations: Personius Woods & Gleason Meadows. Admission to the Nature Center & Museum is FREE TO ALL!



Winter Wiggles – Hank the Red-Tailed Hawk: Wed 1/5, 10 – 10:45 am

It's time to cozy up in the museum to read a storybook, and learn about animals & nature! This free pre-K program runs November-March, on the first Wednesday morning of each month from 10am-10:45 am. Each program will include a story for the kids with an up-close-and-personal animal guest. No RSVP is needed. Masks will be required for ages 3 and up. The next program will be on February 2nd and will focus on Sully the Ball Python!

Last Tuesday Drop In – Awesome Amphibians: Tue 1/25, 10 – 11 am

Want to get outside on a science expedition and learn about a topic in-depth with hands-on exploration? Held on the last Tuesday of each month from November through March, this program is geared for ages 5 and up. Perfect for homeschooling families but open to anyone! Each program will dive into a different topic and will enrich and expand on STEM standards. Dress for the weather, masks are required, \$10 for the family.



Skating at Joycrest

Joycrest Skating Rink is open for skating Friday evenings from 7 – 9:30 and Saturdays & Sundays from 1 – 3:30. Admission is \$10 and skate rental is \$4. Host a birthday party, family reunion, graduation, or a get together for scouts, school, or church! There are 2 party rooms available for open skate or private events. To book your event, call 607.732.0494 or email info@joycrestsports.com.



Wings of Eagles Discover Center



Take self-guided tours of the museum's collection of aircraft, engines, flight simulators and exhibit displays. Friday – Sunday, 10 am – 3 pm from Labor Day to Memorial Day, \$7 for adults, \$4.50 for ages 6-17, free for children 5 and under, and \$18 per family (2 adults & 3 children). Escape Rooms available by emailing info@wingsofeagles.com.

Chamberlain Acres Farmers Market: Sundays from 11 am – 3 pm

On Sundays year-round, Chamberlain Acres hosts a Farmers Market from 11am-3pm at 824 Broadway in Elmira. It's outside during the summer and in a warm greenhouse during the colder months. Veggies, meats, cheeses, baked goods, coffee, jams and jellies, maple syrup, honey, wine and so much more. Not all of these are here every week but many of them are.





To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

Chemung County Library District Events – FREE!

- CLOSED Monday, 1/17 for MLK Day (Steele open from 10 am – 6 pm) -

Bookmobile Schedule & Featured Services: Having trouble getting a ride to the library? Let the library come to you! All bookmobile materials are normally charged out until the next scheduled stop at your location and may also be returned to any Chemung County Library District Branch. Scan the QR code or click the link for the full schedule.



Every Day in January: [Take & Makes – New Each Week](#)

Stop in to the West Elmira Library any time during open hours and pick up a craft to take home! Supplies are limited!

Every Day in January: [Monthly Scavenger Hunt](#)

Stop by the Steele Memorial Library any time this month to participate in our scavenger hunt!

Every Day in January: [Monthly Scavenger Hunt](#)

Stop by the Steele Memorial Library any time this month to participate in our scavenger hunt!



Every Day in January: [Tiny Art Show](#)

Stop by the West Elmira Library and pick up a mini-canvas and then bring it back to the library once you've painted it. We will display your artwork on the bookshelves for all our patron to enjoy!



Every Day in January: [Children's Take N Make Craft Kits](#)

Stop by the Horseheads Free Library and pick up your Narwhal Craft all month long!

Every Day in January: [Big Flats' January Assortment of Crafts](#)

Stop by the Big Flats Library to complete a craft project. OR... you can choose a kit to Take & Make at home! There are a variety of crafts/kits to choose from such as mini LEGOs, photo clips, bead projects and more! All ages welcome, in-house limited to groups of up to 6, face coverings required.

Mondays in January from 5 – 6pm: [Soup of the Week Livestream](#)

January is National Soup Month! Celebrate and stay warm by following along with Mr Jeff each week as he leads you through different recipes for delicious, homemade soup.



Wednesdays from 3:30 – 4 pm: [Children's Book Club](#)

Join Miss Kelly for a pre-recorded book club experience on the CCLD Facebook page. Over the month a picture book will be introduced and read. There will also be discussion questions, suggested activities and further reading suggestions.

Facebook.com/ChemungLibs



C.I.D.S. Newsletter 2022
 Phone: 607.733.6533 Fax: 607.733.0939
Info@CIDSFamilies.com www.CIDSFamilies.com
 Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.



Thursdays from 10:30 – 11 am: [Family Storytime](#)

Join Miss Kelly for a pre-recorded storytime on the CCLD Facebook page.
facebook.com/chemunglibs

Thursday, 1/6 from 4 – 5 pm: [Library Lab – Vinyl Sticker Art](#)

The Children’s Department is offering the Library Lab program to community children and families to provide them with a space and opportunity to experience art. Join @y_u_n_g_s_u_s for Vinyl Sticker Art. Registration is required and opens the week prior to the event.

Thursday, 1/13 from 6 – 7 pm: [Musical BINGO](#)

Join Steele Memorial Library for musical BINGO! We’ll play a song, you match the movie it comes from on your BINGO card! Recommended for ages 8 – 12. Registration is required and opens at the beginning of each month.

Tuesday, 1/18 from 10:30 – 11:30 am: [Story Time](#)

Join Ms Amanda on Tuesday mornings for stories, stretches and rhymes! Registration is required and opens the week prior to the event.



Wednesdays, 1/19 & 1/26 from 10:30 – 11 am: [Toddler Story Time](#)

Tune into Miss Melanie’s storytime on Facebook. Fun stories, interactive songs and more!

Thursdays, 1/19 & 1/26 from 10:30 – 11 am: [Tots and Tales Story Time](#)

Come join us at the West Elmira Library for a fun time of stories, music and movement! This story time is geared toward ages 18 months – 3 years. Registration is required is available Mon-Wed during the week of story Time.

Fridays, 1/21 & 1/26 from 10:30 – 11 am: [Live Stream Storytime](#)

Join Mr Jeff on our Facebook page as he LIVE STREAMS storytime! Storytime is the perfect place for your little one to learn literacy skills and stay entertained! Stories, songs, finger plays, flannels and more!



All of these events and more can be viewed by clicking on the [CCLD Calendar of Events](#).



C.I.D.S. Newsletter 2022

Phone: 607.733.6533 Fax: 607.733.0939

Info@CIDSFamilies.com www.CIDSFamilies.com

Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

Additional Resources Available for Chemung County

Emotional Support Helplines/Hotlines

NY Project Hope Emotional Support Helpline:
Confidential. Anonymous. Free. Helping New Yorkers understand their reactions and emotions during COVID-19 through an emotional support helpline, education materials and trusted referrals. Call 1.844.863.9314 to speak to a crisis counselor.

CRISIS Hotline: If you are dealing with stress from the pandemic and need help, you can call the CRISIS Hotline at 607.442.6900. For more information about COVID-19 you can call the Chemung County Health Department at 607.737.2028, 103 Washington St, Elmira.

NYS' Headspace: – New York State Mental Health Resource. Even though New York continues to reopen and rebuild, we can't underestimate the mental and emotional strain of the pandemic. Visit HeadSpace.com/NY for free mindfulness resources or call the support hotline at 1.844.863.9314.

2-1-1 HELPLINE: If you need assistance finding food, paying housing bills, or other essential services, get in touch with your local 211 Helpline by dialing 2-1-1 on any phone to speak with someone who can help or go to 211helpline.org.
(Free & Confidential)

COVID-19 Emergency Rental Assistance

NYS's Emergency Rental Assistance Program: If you need rental assistance as a result of COVID-19, are behind in rent/utilities, or are at risk of homelessness, there are options available to you. [Apply here](#). We can also help with saving your home, getting out of debt, buying your first home, food, personal care items, diapers and wipes, advocacy, empowerment groups & emergency housing. Call the Samaritan Center at 607.317.5801 or 607.734.4898.

Smoke Alarms Save Lives!

The RED CROSS can install a FREE smoke alarm in your home! Call 607.654.6109

NYS Offers Childcare Resources

If you are in search of childcare as you return to work following the COVID-19 period, The New York State Office of Children and Family Services Division of Child Care Services may be an important resource for finding local providers, knowing the latest health and safety regulations and receiving subsidized care for your child. For more information, click [here](#).

Health Homes Children's Care Management

If your child has experienced complex trauma and is struggling as a result then our Care Managers can work with your family to help with your child's needs! This might include helping to determine needs and available services, accessing healthcare and preventative care (i.e. dental), connecting to community programs, events and services, and more! To be eligible your child must be under 21, enrolled in Medicaid (active Medicaid), and residing in Chemung Co. Contact Senior Case Manager Haley Youngs, 607.426.7538.

Diaper Bank is open at the Salvation Army

The Salvation Army, 414 Lake St, provides diapers sizes newborn – 6 for children as well as adult sizes from 10 am – 3 pm! Participants are eligible based on their household income or categorically through Medicaid, WIC, TANF, SSI or SNAP. For questions contact Bianca Palese at 607.732.0314.

COVID-19-Related Funeral Assistance

FEMA is providing financial assistance for COVID-19 related funeral expenses incurred after January 20, 2020. To apply, call the COVID-19 Funeral Assistance Line Number at 1.844.684.6333. Visit FEMA.gov for more information.



C.I.D.S. Newsletter 2022

Phone: 607.733.6533 Fax: 607.733.0939

Info@CIDSFamilies.com www.CIDSFamilies.com

Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

Are you Fleeing Domestic Violence?

Call the Salvation Army Safehouse/Domestic Violence 24/7 hotline at 607.732.1979 for emergency shelter, non-residential services and safety planning or call the First Step Victim Services 24/7 hotline at 607.742.9629 for non-residential services and safety planning.

Homeless and Need Shelter?

Go to the Second Place East Homeless Shelter, 605B College Ave, Elmira, 607.732.5954. The shelter is closed from 12 - 1:00 pm.

Having a hard time? Unsure of what your next step is?

Reach out to one of your DSS Community Navigators to assist you to push through life's bumps. They can assist you with a variety of needs such as food, childcare, evictions, DSS applications and more. Locations in our area:

Samaritan Center

380 S Main St, Elmira 607.734.4898

EOP

650 Baldwin St, Elmira 607.734.6174

Grocery Assistance, Food Bank & Food Pantry

SNAP: Need Help Affording Groceries? SNAP Can Help! To see if you may be eligible, contact your Nutrition Outreach & Education Program Coordinator at 607.796.5592.

Food Bank of the Southern Tier: To find a nearby food pantry or meal program near you, just go to FoodBankST.org and click on FIND FOOD. Visit HungerSolutionsNY.org/find-food-help/ for more info on federal nutrition programs such as SNAP or WIC. You can also dial 2-1-1 to receive information on local services.

The Samaritan Food Pantry: Open Monday/Wednesday/Friday 10 am – 12 and 1 – 3:30 pm, Tuesday/Thursday 1 – 3 pm, 380 S Main St, Elmira – access the Samaritan Center from Mt Zoar St entrance.

WIC & Other Breastfeeding Resources

WIC (Women, Infants, Children) Program of Chemung/Schuylers Counties: Need extra help with food, breastfeeding support or formula? Need to register, apply for a new eWIC card. WIC is the premier nutrition program in the country. Contact WIC to see if you qualify at 607.737.2039 or text Apply4WIC to 85511.

Breast Pumps Through WIC: WIC is offering assistance with acquiring breast pumps for those in need. Must be WIC eligible. Contact WIC at 607.737.2039.

Whitt's End Breastfeeding and Lactation Services: Jennifer Whitt with Whitt's End is available to offer prenatal support, consultations after delivery, and collaboration with your provider to assist you with your breastfeeding and/or lactation needs. Available by appointment only. Call Jennifer at 607.738.2091. Learn more at WhittsEndLactation.com.

Free Children's Books & PBS Kids E-Newsletter

Free Books: Dolly Parton's Imagination Library offers FREE BOOKS for Young Readers! To be eligible your child must live in Chemung or Steuben County. FREE age-appropriate books are mailed monthly to your child from birth until age 5! Sign up at UWST.org

PBS Kids E-Newsletter: Every day is full of possibilities and so is your child! Get activities and tips you can use to help kids learn at home emailed to you every week. Sign up here: pbs.org/parents/newsletter



C.I.D.S. Newsletter 2022

Phone: 607.733.6533 Fax: 607.733.0939

Info@CIDSFamilies.com www.CIDSFamilies.com

Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

Pregnancy Resource Center

Southern Tier Pregnancy Resource Center offers free pregnancy testing, free ultrasound, referrals to OB/GYN, referrals for Food Stamps, Medicaid, and much more, information on parenting, adoption and abortion. When you're facing an unplanned pregnancy our confidential peer counseling program is designed to answer all of your questions. 375 W Water St, Elmira, 607.732.2111

Fidelis Care

Fidelis Care is focused on the health and safety of our employees and the community during the COVID-19 outbreak. Do You Have Questions About Health Insurance? Fidelis Care offers quality, affordable health insurance for qualifying children and adults of all ages! Call your Fidelis Care Health Benefit Representative Lacinda Hamilton 607.361.3179.

Telehealth Station

Free Urgent Care & Psychology Services Available at the Able2 Clinic, 1118 Charles St, Elmira 14904 607.734.9503.

Afterschool Program, Clothing, Meals

The Transformation Center at 314 W Church St in Elmira offers an afterschool program from 3 – 5 pm, free clothing daily from 10 am – 1 pm, and family indoor meals on Mondays and Thursdays starting at 5 pm. All programs are drop-in-welcome and free!

Text Updates Available for Addiction Services

Addiction help is just a call, text or search away when you get in touch with 2-1-1 HELPLINE for referral to OASAS qualified drug treatment and recovery services. Text "Opioid" to 898211 to be automatically sent updates about services and resources near you.

ABLE2 Dental Clinic

Able2's Dental Clinic is committed to compassionate care and comprehensive services by licensed professionals in dentistry excellence. Medicaid, DentaQuest, United Health Care and private insurance are accepted. The staff is trained in the unique care involved with treating individuals with special needs.

Elmira Bikes

An all-volunteer-run community bike shop. Open-shop: come in and learn to fix your bike or access low-cost bikes and parts! For more information visit them on Facebook



C.I.D.S. Newsletter 2022
Phone: 607.733.6533 Fax: 607.733.0939
Info@CIDSFamilies.com www.CIDSFamilies.com
Like and Follow us on Facebook!



To automatically receive a copy monthly in your inbox, subscribe to our e-mailing list at CIDSFamilies.com/Newsletter.

C.I.D.S. Programs

INFANT REGISTRY PROGRAM – I.R.

All newborns in Chemung County are offered enrollment in the CIDS Screening and Assessment Program to detect and/or prevent developmental problems. Nurses gather info through hospital visits & parent questionnaires to determine if a child is at risk for developmental or social problems. Follow-up services then commence.

NURSE-FAMILY PARTNERSHIP – N.F.P.

Provides maternal and child health services to women in Chemung County in their first pregnancy less than 27 weeks gestation. Clients receive health care guidance and education during pregnancy and after the birth of the baby until the child's second birthday, to ensure healthy outcomes for both mother and child.

EARLY CHILDHOOD SERVICES TEAM – E.C.S.T.

Performs developmental screenings of preschool-aged children. A screening consists of standardized tests assessing vision, speech, language, gross motor, fine motor, hearing and social development. The team provides counseling for parents regarding developmental issues, and refers children for appropriate remediation as necessary.

SCHOOL READINESS PROJECT – S.R.P.

An initiative to ensure that children arrive at school socially, cognitively, physically and emotionally ready to learn. CIDS provides home visitation services to the families of infants and preschoolers in Chemung County, and also provides child development screenings until each child enters school. Home visits are made to support the health and welfare of infants, toddlers, and their families. Home visitors provide both skill-building and parent education curricula, offering a wide range of topics from nutrition to literacy. In addition, they provide timely and effective referrals to appropriate service providers while remaining an ongoing source of support for the participants.

HEALTHY FAMILIES OF CHEMUNG COUNTY – H.F.C.C.

Follows the Healthy Families of America model. Healthy Families serves Chemung County families who are expecting, or who have an infant under the age of three months. Home visitation services can continue until the child enters school or turns 5 years old. The Healthy Families program aims to support families, enhance parent-child interaction, and provide parents with information on child development, nutrition, bonding, discipline and brain development. Also the program makes referrals to other needed services. healthyfamiliesnewyork.org

HOME-BASED CRISIS INTERVENTION – H.B.C.I.

Provides intensive in-home services to Chemung County families and their children ages 5 – 17. This program is designed to assist children that have a mental health diagnosis and are demonstrating behaviors within the home that pose a potential risk for out-of-home placement. Program therapists assist families utilizing strength-based approaches in conjunction with personalized intervention techniques and practices. HBCI will help implement skills and resources to facilitate the development of a positive environment. The services are designed to be more intensive, flexible, accessible, and goal-oriented than traditional mental health services.

FIRST 1,000 DAYS PROGRAM

The First 1K Days is sponsored by the NYS Department of Health and operated by CIDS. The goal of this program is to enroll prenatal mothers and/or children before age 3 and offer information and referrals if desired. Examples may range from housing, food/nutrition, transportation, behavioral health, and substance abuse treatment. By identifying these needs of the parent/child, our Peer Family Navigators can help with those needs. Peer Family Navigators will remain in contact with identified families for the first 3 years of the child's life.