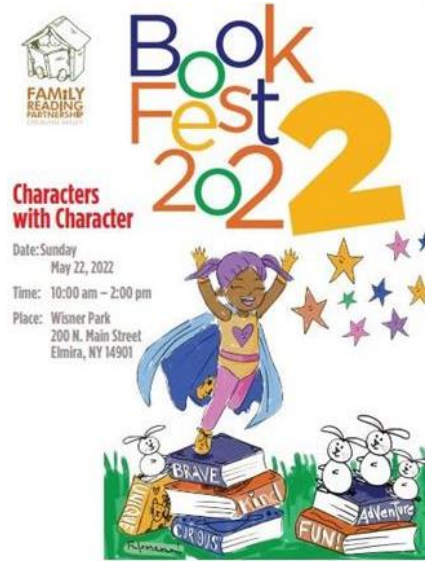




What's New?

Book Fest 2022: 5/22 from 10 am – 2 pm

The Family Reading Partnership of Chemung County brings you this FREE family event celebrating literacy in our community on Sunday, May 22 from 10 am to 2 pm at Wisner Park in downtown Elmira! This year's theme is "Characters with Character". There will be live entertainment all day including performances by John Simon and Cal Walker, The Ernie Davis Consortium, Mr. Jeff and New Kids on the Block puppets. There will be FREE family activities to help celebrate character education through literature brought to you by many community organizations including C.I.D.S., The Wings of Eagles, Corning Community College, Elmira College TEACH club, STEM Academy, SPCA, Horseheads Family Resource Center, and more! Children will receive a new book related to Characters with Character! There will be something for everyone! Be sure to join us for a fun-filled day! Contact: hilarystrong@gmail.com or 607.207.7063.



[Eldridge Park Opens for the Season: Memorial Day Weekend](#)

Enjoy Eldridge Park's many attractions: the 1890s Loeff Carousels, Thunderbirds, Tilt-A-Whirl, Jasper II Boat Tour, paddle boats, mini golf, disk golf, Pony Carts, Turtle Chase, Kiddie Boats and Mini Train! Friday 5 – 9 pm, Saturday & Sunday 12 – 8 pm.

Saturday 5/28 from 4 – 8 pm: [Foodies in Eldridge Park](#) – [SPM Empanadas](#)

SPM Empanadas is a new food truck in 2022! Their menu specializes in authentic Dominican food, including empanadas, fried plantains and fried pork bellies. Enjoy dinner with SPM Empanadas and grab desert at the Lake Side Café!

from 5 – 8 pm: [Concerts in Eldridge Park](#) – [Sam Pallet Band](#)

Eldridge Park invites you to their FREE Summer Concert Series, sponsored by Elm Chevrolet! Kicking off the concert season will be musical guests Sam Pallet Band with some classic rock favorites!

Sunday 5/29 from 5 – 8 pm: [Concerts in Eldridge Park](#) – [Crossroads](#)

Eldridge Park invites you to their FREE Summer Concert Series, sponsored by Elm Chevrolet! Musical guests Crossroads will be rocking the stage with country and classic rock favorites!

Monday 5/30 at 2 pm: [Eldridge Park Presents](#) – [Nate the Great](#)

Eldridge Park invites you to a FREE family friendly event! Nate the Great is an interactive 1-man vaudeville-style juggling show with mostly clean comedy, volunteers, very difficult juggling, bits of musical variety, fire breathing and fire juggling! Fun for all ages!

Parenting Class: Parenting with Heart: Starts 5/24

Would you benefit from participating in a parenting class where *you* decide what you want to learn? Topics can include discipline, communication, child safety, child development and much more! Classes are Tuesdays & Thursdays 3 – 5 pm at the Transformation Center in Elmira, starting on 5/24 and ending on 6/28. To register, contact Karen at 607.426.4879 or markarensweeney@gmail.com.





Gold Shoe Step It Up Challenge 2022: May/June

It's that time of year again! From May 1st through June 19th you can WIN PRIZES by finding the Gold Shoe when you're out at your local parks or trails! For more information, visit them on Facebook by [clicking here](#). Post pictures, find out about scheduled walks, and like us @Gold Shoe Step It Up Challenge



Town of Elmira Open House: 5/12 from 5 – 7 pm



The Town of Elmira (West Elmira) will be holding an open house on Thursday, May 12th from 5 – 7 pm and the Town of Elmira Community Center. There will be vendors, food and beverages, as well as a scavenger hunt for kids! This is open to the public and is a great way to promote all the great things that there are to do in the Town! For more info you can [view the flier here on Facebook](#).

Chemung County SPCA Offering Expanded Services

After months of renovations, the Chemung County SPCA is offering affordable spay and neuter services, vaccines and more to come: for affordable spay/neuter clinics you can [click here](#); for affordable pet vaccination clinics, you can [click here](#); if you find kittens and need help, then you can [click here](#); if you have a feral cat in your neighborhood in need of spaying/neutering, you can [click here](#).



Weis Nutrition & Wellness Virtual Events: May



The Weis Dietitian team is excited to provide FREE virtual cooking classes and nutrition workshops. Check out our schedule of interactive Kids and adult classes below, including Grilling 101. All class participants will receive a \$5 coupon to use towards your next shopping trip! To sign up or to find out more, [click here](#).

What's for Dinner? Series: May/June

This FREE 6-week series will teach you how to make quick, healthy, and budget-friendly meals for the whole family! Each week, participants will get take-home-meal kits with ingredients to prepare a full meal! Open to adults and families (ages 8+). Thursdays from May 5th through June 9th from 10 – 11:30 am OR from 1 – 2 pm! For more information and to sign up, scan the QR code!



FREE Virtual Healthy Living Class & Quitting Smoking: May



Did you know that a healthy diet and physical activity can reduce your risk of getting certain cancers and other chronic diseases? Join our free virtual Healthy Living Class to find out how! Scan the QR code to learn more and to register. Also, FREE support is available to help you quit smoking! Personalized treatment is now offered! Scan the QR code for more info!



Resources, Events & Things to Do

[Arnot Mall Craft & Vendor Fair: Sat 5/7 from 10 am – 3 pm](#)

What's a better gift than a hand-made gift for Mom on Mother's Day? Arnot Mall has all the area crafters and vendors gathered in one spot! Visit us Saturday, May 7th from 10 am – 3 pm!



[The Shoppes at Oldies But Goodies – Flea Market & Craft Show: 5/14](#)

The Shoppes at Oldies but Goodies is having a Flea Market & Craft Show on Saturday, May 14th from 10 am – 5 pm! Snyder's BBQ will be there and the store will be open as well! Come join them! They are also welcoming outside vendors at \$25/spot (cash only), just stop by and sign up!



[Horseheads Family Resource Center Calendar: May 2022](#)

You can visit our Playful Learning Program at 2 locations! Come and play any time during our open hours. All families are welcome and there is no charge! For a look at the calendar, visit them at HorseheadsFamilyResourceCenter.org and scroll to "Program Calendar"!



HFRC Scavenger Hunt

Families are invited to stop by the HFRC Arnot Mall Playroom for a fun scavenger hunt around the mall! Follow the directions, find the images around the mall, and then drop the finished pages in the green box for a chance to win a prize!

Early Intervention – Parent Support Group: 5/3 from 5 – 6pm

EI is offering FREE snack and childcare from 5 – 6 pm on the 1st Tuesday of every month at the Horseheads Family Resource Center located at the Arnot Mall. Contact Mary Jo Wallner at 607-731-5912. This month's meeting will include CPSE Chairs from Elmira, Horseheads and Elmira Heights school districts to answer all questions about transition, their program and process. Open to all families, but extra beneficial for children ages 2-3 years old.



Nutrition Workshop & Cooking Demo: 5/10 from 5 – 6 pm

Chat with a nutrition educator from the Food Bank, sample a healthy dish, and take home some nutrition education goodies! The next Workshop is Tuesday, May 10 from 5 - 6 pm at our church location. Childcare will be provided! Registration is not required.



[Red Cross Blood Drive at Arnot Mall: 5/21, 10 am – 2 pm](#)

The need for donations is year-round. Arnot Mall is hosting a blood drive on Saturday, 5/21 from 10 am – 2 pm. For more dates/locations available, [click here](#).





Baby Bistro: Wednesday 5/11 from 3:30 – 4:30 pm



Baby Bistro from TTBN allows families to meet other moms/families, ask lactation specialists questions, learn about breastfeeding topics, and help support other moms! This is a FREE support group for ALL moms, moms to be and their families! Join via Zoom at <https://zoom.us/j/92614472566>, from 3:30 – 4:30 pm on the second Wednesday of each month! For more info, call 607.737.2039.

FREE Luncheon with Community Wesleyan Church: 5/28



These lunches are meant to provide a free meal to anyone in need! Join us at 2095 Grand Central Ave in Horseheads on the 4th Saturday of each month from 12 – 2 pm. We are currently providing take-out meals only. Please come, take away, and enjoy a free meal!

CCLD – Seed Lending Library



The Chemung County Library District’s Seed Lending Library is ready to browse any time they are open, so check it out! Seed lending is easy; visit our seed collection, check out the seeds that interest you, and bring back seeds you harvest in the fall! Come visit the Reference Desk on the 2nd floor at Steele Library for more information and, to check out some seeds!

Elmira Family Resource Center Calendar: May 2022



Make it Mondays, Taste Test Tuesdays, Nature Walks at Tanglewood, Park Playdates, Zoom Storytimes, Wiggle Wednesdays, and Thinker Thursdays. Visit them [here on Facebook](#) to view the calendar, for updates, and to stay connected.

Unstructured Playtime (UPT) at Sky Gymnastics



Is your child in need of a place to get out some energy? UPT is open gym time for parents & children to play together with full use of the gym to explore! Ages 6 months – 5 years, parent participation required, pre-registration required, space is limited. Fridays 11 am – 12 noon. \$10 per child. All families are expected to follow current COVID policies & procedures. [Register Here](#).

Harris Hill’s 75th Season



For 75 years, Harris Hill Amusement Park has helped families have fun together! Their spring part-time hours are from 5 – 8 pm M - F and 12 noon – 8 pm on the weekends. Affordable family fun for everyone with mini golf, arcade, batting cages, kiddie rides, go-carts, driving range, concessions, beautiful view, picnic area, pool (in the summer), National Soaring Museum, sailplane rides and more! Free parking, free admission, affordable fun! **Cash Only!** Visit them on [Facebook](#) or at HarrisHillAmusements.com.



C.I.D.S. Newsletter 2022

Serving Chemung County for 50 Years!

www.CIDSFamilies.com



Tanglewood Nature Center & Museum

Tanglewood Nature Center & Museum is a Great Place to Be – Naturally! Over 10 miles of hiking trails, 40 animals on site, 20,000 children educated annual and a legacy of over 40 years of preservation! OPEN Tuesday – Friday, 9 am – 4 pm, and Saturday 10 am – 4 pm. Trails are open dawn to dusk year-round at both locations: Personius Woods & Gleason Meadows. Admission to the Nature Center & Museum is FREE!



Summer Camp Registration Now Open!

Take a look at our guide as we have updated our favorite camps and have added some exciting new ones! Be sure to sign up soon, as spaces are going quickly!

[Register Here!](#)

Skating at Joycrest

Joycrest Skating Rink is open for skating Friday evenings from 7 – 9:30 and Saturdays & Sundays from 1 – 3:30. Admission is \$10 and skate rental is \$4. Host a birthday party, family reunion, graduation, or a get together for scouts, school, or church! There are 2 party rooms available for open skate or private events. To book your event, call 607.732.0494 or email info@joycrestsports.com.



Wings of Eagles Discover Center

Take self-guided tours of the museum’s collection of aircraft, engines, flight simulators and exhibit displays. Friday – Sunday, 10 am – 3 pm from Labor Day to Memorial Day, \$7 for adults, \$4.50 for ages 6-17, free for children 5 and under, and \$18 per family (2 adults & 3 children). Escape Rooms available by emailing info@wingsofeagles.com.



Chamberlain Acres Farmers Market: Sundays from 11 am – 3 pm

On Sundays year-round, Chamberlain Acres hosts a Farmers Market from 11am-3pm at 824 Broadway in Elmira. It’s outside during the summer and in a warm greenhouse during the colder months. Veggies, meats, cheeses, baked goods, coffee, jams and jellies, maple syrup, honey, wine and so much more. Not all of these are here every week but many of them are.



Books by the Bushel Activities: Online

Books by the Bushel’s site offers Ideas by the Bushel with FREE literacy activities. Download as many as you like! For FREE seasonal/holiday/monthly- themed activities and worksheets go to BooksbytheBushel.com. For 2022 Monthly Activity Calendars go to BooksbytheBushel.com/Calendars2022.





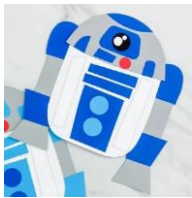
Chemung County Library District Events – FREE!
 (CLOSED on Monday 5/30 for Memorial Day)

Bookmobile Schedule & Featured Services: Having trouble getting a ride to the library? Let the library come to you! All bookmobile materials are normally charged out until the next scheduled stop at your location and may also be returned to any Chemung County Library District Branch. Scan the QR code or click the link for the full schedule.



Every Day in May: Interactive Story Kits

Steele Memorial Library Children’s Department brings you: Interactive Stories! Each kit includes a library book for you to borrow and a kit full of treats, crafts, or lesson plans for you to follow along with the story! Call 607.733.9174 to borrow a story! While supplies last!



Every Day in May: Scavenger Hunt – Children’s Books Authors

All month at the Big Flats Library: Big Flats Scavenger Hunt: Children’s Books Authors! Search the library for authors’ pictures, find them all and earn a token for the prize machine!

Every Day in May: Children’s Take N Make

Stop in to the Horseheads Free Library to pick up an R2-D2 craft kit all month long!



Tuesdays from 10:30 – 11 am: Family Storytime

Come to Steele Memorial Library on Tuesdays at 10:30 am for Family Storytime! Registration is required. Call 607.733.9174, email edesk@stls.org.

Wednesdays from 10:30 – 11 am: Toddler Story Time (In Person!)

In-person storytime is back! Join Miss Melanie at 10:30 for songs, stories and interactive fun! Registration is required. Please call 607-562-3300. Walk-ins will be welcome if there is adequate space.



Thursdays from 10:30 – 11 am: Family Storytime

Join Miss Kelly at the Horseheads Free Library for Family Storytime!

Thursdays from 10:30 – 11 am: Tots and Tales Story Time

Come join us at the West Elmira Library for a fun time of stories, music and movement! This story time is geared toward ages 18 months – 3 years. Registration is required is available Mon-Wed during the week of story Time. Masks are recommended for those old enough to wear them.



Fridays from 10:30 – 11 am: Live Stream Storytime

Join Mr Jeff on our Facebook page as he LIVE STREAMS storytime! Storytime is the perfect place for your little one to learn literacy skills and stay entertained! Stories, songs, finger plays, flannels and more!



C.I.D.S. Newsletter 2022

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Tuesday 5/3 from 6 – 7 pm: [Kids & Teens Craft – Artwork Candles](#)

Join us in-person at Big Flats Library and make your own personalized candle for someone special! Please call 607.562.3300 to reserve your spot!



Tuesday 5/3 from 6 – 7 pm: [Mother’s Day Card Craft](#)

Kids can SIGN-UP to make cards with Ms Chris! Registration is required, call 607.733.9174.

Wednesday 5/4: [Star Wars Day Craft – Lightsaber](#)

May the 4th Be with You! Craft your own lightsaber at Steele Memorial Library on May 4th, all day, while supplies last!



Wednesday 5/4 from 10:30 – 11 am: [Toddler Storytime, Mom’s Day Craft](#)

In-person story time is back!! Join Miss Melanie at the Big Flats Library for songs, stories and interactive fun! Registration is required. Walk-ins will be welcome if there is adequate space. This specific story time will have an addition of a Mother’s Day Craft!



Thursday 5/5 from 3 – 4 pm: [Mother’s Day Craft](#)

Celebrate Mother’s Day early at the West Elmira Library with this special craft, just for her! A heart made of colorful fingerprints on a small, framed canvas is a treasure that your mom will want to hold onto forever.



Thursday 5/5 from 3:30 – 4:30 pm: [Kids & Teens Craft – Artwork Candles](#)

Join us in-person at Big Flats Library and make your own personalized candle for someone special! Please call 607.562.3300 to reserve your spot!

Thursday 5/12 from 6 – 7 pm: [Musical BINGO](#)

Join us at the Steele Memorial Library for musical BINGO, we’ll play a song you match the movie it comes from on your BINGO card. Recommended for ages 8 – 12. REGISTRATION IS REQUIRED.



Tuesday 5/17 from 6 – 7 pm: [Glass Gem Magnets Craft](#)

Where’s a refrigerator magnet when you need it?! Join us in-person at Big Flats Library and make your own! Please call 607.562.3300 to reserve your spot!

Wednesday 5/18 from 3:30 – 4 pm: [Children’s Book Club](#)

Join Miss Kelly for a book club experience library where a picture book will be introduced and read. There will also be discussion questions, suggested activities and further reading suggestions. [Facebook.com/ChemungLibs](https://www.facebook.com/ChemungLibs)



Thursday 5/19 from 3:30 – 4:30 pm: [Glass Gem Magnets Craft](#)

Where’s a refrigerator magnet when you need it?! Join us in-person at Big Flats Library and make your own! Please call 607.562.3300 to reserve your spot!

All of these events and more can be viewed by clicking on the [CCLD Calendar of Events](#).



Additional Resources Available for Chemung County

Emotional Support Helplines/Hotlines

NY Project Hope Emotional Support Helpline: Confidential. Anonymous. Free. Helping New Yorkers understand their reactions and emotions during COVID-19 through an emotional support helpline, education materials and trusted referrals. Call 1.844.863.9314 to speak to a crisis counselor.

CRISIS Hotline: If you are dealing with stress from the pandemic and need help, you can call the CRISIS Hotline at 607.442.6900. For more information about COVID-19 you can call the Chemung County Health Department at 607.737.2028, 103 Washington St, Elmira.

NYS' Headspace: – New York State Mental Health Resource. Even though New York continues to reopen and rebuild, we can't underestimate the mental and emotional strain of the pandemic. Visit HeadSpace.com/NY for free mindfulness resources or call the support hotline at 1.844.863.9314.

2-1-1 HELPLINE: If you need assistance finding food, paying housing bills, or other essential services, get in touch with your local 211 Helpline by dialing 2-1-1 on any phone to speak with someone who can help or go to 211helpline.org. (Free & Confidential)

COVID-19 Emergency Rental Assistance

NYS's Emergency Rental Assistance Program: If you need rental assistance as a result of COVID-19, are behind in rent/utilities, or are at risk of homelessness, there are options available to you. [Apply here](#). We can also help with saving your home, getting out of debt, buying your first home, food, personal care items, diapers and wipes, advocacy, empowerment groups & emergency housing. Call the Samaritan Center at 607.317.5801 or 607.734.4898.

Smoke Alarms Save Lives!

The RED CROSS can install a FREE smoke alarm in your home! Call 607.654.6109

NYS Offers Childcare Resources

If you are in search of childcare as you return to work following the COVID-19 period, The New York State Office of Children and Family Services Division of Child Care Services may be an important resource for finding local providers, knowing the latest health and safety regulations and receiving subsidized care for your child. For more information, click [here](#).

Health Homes Children's Care Management

If your child has experienced complex trauma and is struggling as a result then our Care Managers can work with your family to help with your child's needs! This might include helping to determine needs and available services, accessing healthcare and preventative care (i.e. dental), connecting to community programs, events and services, and more! To be eligible your child must be under 21, enrolled in Medicaid (active Medicaid), and residing in Chemung Co. Contact Senior Case Manager Haley Youngs, 607.426.7538.

Diaper Bank is open at the Salvation Army

The Salvation Army, 414 Lake St, provides diapers sizes newborn – 6 for children as well as adult sizes from 10 am – 3 pm! Participants are eligible based on their household income or categorically through Medicaid, WIC, TANF, SSI or SNAP. For questions contact Bianca Palese at 607.732.0314.

CDC Developmental Milestone Tracker App

Milestones matter! From birth to age 5, your child should reach milestones in how he or she plays, learns, speaks, acts, and moves. Photos and videos in this app illustrate each milestone (starting at 2 months old) and make tracking them for your child easy and fun! Also available in Spanish. Learn the Signs. Act Early.



Are you Fleeing Domestic Violence?

Call the Salvation Army Safehouse/Domestic Violence 24/7 hotline at 607.732.1979 for emergency shelter, non-residential services and safety planning or call the First Step Victim Services 24/7 hotline at 607.742.9629 for non-residential services and safety planning.

Homeless and Need Shelter?

Go to the Second Place East Homeless Shelter, 605B College Ave, Elmira, 607.732.5954. The shelter is closed from 12 - 1:00 pm.

Having a hard time? Unsure of what your next step is?

Reach out to one of your DSS Community Navigators to assist you to push through life's bumps. They can assist you with a variety of needs such as food, childcare, evictions, DSS applications and more. Locations in our area:

Samaritan Center

380 S Main St, Elmira 607.734.4898

EOP

650 Baldwin St, Elmira 607.734.6174

Grocery Assistance, Food Bank & Food Pantry

SNAP: Need Help Affording Groceries? SNAP Can Help! To see if you may be eligible, contact your Nutrition Outreach & Education Program Coordinator at 607.796.5592.

Food Bank of the Southern Tier: To find a nearby food pantry or meal program near you, just go to FoodBankST.org and click on FIND FOOD. Visit HungerSolutionsNY.org/find-food-help/ for more info on federal nutrition programs such as SNAP or WIC. You can also dial 2-1-1 to receive information on local services.

The Samaritan Food Pantry: Open

Monday/Wednesday/Friday 10 am – 12 and 1 – 3:30 pm, Tuesday/Thursday 1 – 3 pm, 380 S Main St, Elmira – access the Samaritan Center from Mt Zoar St entrance.

Bright by Text

Quick tips for busy parents. Make the most of everyday interactions. [Sign up today by clicking here](#). Because kids don't come with instructions.

WIC & Other Breastfeeding Resources

WIC (Women, Infants, Children) Program of Chemung/Schuylar Counties: Need extra help with food, breastfeeding support or formula? Need to register, apply for a new eWIC card. WIC is the premier nutrition program in the country. Contact WIC to see if you qualify at 607.737.2039 or text Apply4WIC to 85511.

Breast Pumps Through WIC: WIC is offering assistance with acquiring breast pumps for those in need. Must be WIC eligible. Contact WIC at 607.737.2039.

Whitt's End Breastfeeding and Lactation Services:

Jennifer Whitt with Whitt's End is available to offer prenatal support, consultations after delivery, and collaboration with your provider to assist you with your breastfeeding and/or lactation needs. Available by appointment only. Call Jennifer at 607.738.2091. Learn more at WhittsEndLactation.com.

Free Children's Books & PBS Kids E-Newsletter

Free Books: Dolly Parton's [Imagination Library](#) offers FREE BOOKS for Young Readers! To be eligible your child must live in Chemung or Steuben County. FREE age-appropriate books are mailed monthly to your child from birth until age 5! Sign up at UWST.org

PBS Kids E-Newsletter: Every day is full of possibilities and so is your child! Get activities and tips you can use to help kids learn at home emailed to you every week. Sign up here: pbs.org/parents/newsletter

Horseheads Family Resource Center

The Horseheads Family Resource Center is a fun and welcoming place for all families at NO COST. [Learn more here](#).



**NYBBA Offers Free Hair Cuts & More:
Tuesdays & Fridays from 9 am – 2 pm**

The New York Beauty and Barber Academy, located at 200 Baldwin St in Elmira, offers FREE Hair Cuts, Hot Shaves, and 7 Wash and Styles on Tuesdays and Fridays from 9 am – 2 pm. Call first at 607-733-7300.

Pregnancy Resource Center

Southern Tier Pregnancy Resource Center offers free pregnancy testing, free ultrasound, referrals to OB/GYN, referrals for Food Stamps, Medicaid, and much more, information on parenting, adoption and abortion. When you're facing an unplanned pregnancy our confidential peer counseling program is designed to answer all of your questions. 375 W Water St, Elmira, 607.732.2111

Fidelis Care

Fidelis Care is focused on the health and safety of our employees and the community during the COVID-19 outbreak. Do You Have Questions About Health Insurance? Fidelis Care offers quality, affordable health insurance for qualifying children and adults of all ages! Call your Fidelis Care Health Benefit Representative Lacinda Hamilton 607.361.3179.

Afterschool Program, Clothing, Meals

The Transformation Center at 314 W Church St in Elmira offers an afterschool program from 3 – 5 pm, free clothing daily from 10 am – 1 pm, and family indoor meals on Mondays and Thursdays starting at 5 pm. All programs are drop-in-welcome and free!

Telehealth Station

Free Urgent Care & Psychology Services Available at the Able2 Clinic, 1118 Charles St, Elmira 14904 607.734.9503.

Text Updates Available for Addiction Services

Addiction help is just a call, text or search away when you get in touch with 2-1-1 HELPLINE for referral to OASAS qualified drug treatment and recovery services. Text "Opioid" to 898211 to be automatically sent updates about services and resources near you.

ABLE2 Dental Clinic

Able2's Dental Clinic is committed to compassionate care and comprehensive services by licensed professionals in dentistry excellence. Medicaid, DentaQuest, United Health Care and private insurance are accepted. The staff is trained in the unique care involved with treating individuals with special needs.

Elmira Bikes

An all-volunteer-run community bike shop. Open-shop: come in and learn to fix your bike or access low-cost bikes and parts! For more information visit them on Facebook

NYSEG Recycling Program

Recycle your old fridge and get \$50: Chances are your old refrigerator or freezer is adding to your electricity bill by an average of \$150/year. Recycle it, reduce your energy use and keep harmful material out of landfills. We'll pick it up for free and you'll pick up \$50!

New: Now you can also recycle an old working room air conditioner with your qualifying refrigerator or freezer pickup appointment and get an extra \$10!

To schedule an appointment and for more info, [Click Here.](#)



C.I.D.S. Programs

INFANT REGISTRY PROGRAM – I.R.

All newborns in Chemung County are offered enrollment in the CIDS Screening and Assessment Program to detect and/or prevent developmental problems. Nurses gather info through hospital visits & parent questionnaires to determine if a child is at risk for developmental or social problems. Follow-up services then commence.

NURSE-FAMILY PARTNERSHIP – N.F.P.

Provides maternal and child health services to women in Chemung County in their first pregnancy less than 27 weeks gestation. Clients receive health care guidance and education during pregnancy and after the birth of the baby until the child's second birthday, to ensure healthy outcomes for both mother and child.

EARLY CHILDHOOD SERVICES TEAM – E.C.S.T.

Performs developmental screenings of preschool-aged children. A screening consists of standardized tests assessing vision, speech, language, gross motor, fine motor, hearing and social development. The team provides counseling for parents regarding developmental issues, and refers children for appropriate remediation as necessary.

SCHOOL READINESS PROJECT – S.R.P.

An initiative to ensure that children arrive at school socially, cognitively, physically and emotionally ready to learn. CIDS provides home visitation services to the families of infants and preschoolers in Chemung County, and also provides child development screenings until each child enters school. Home visits are made to support the health and welfare of infants, toddlers, and their families. Home visitors provide both skill-building and parent education curricula, offering a wide range of topics from nutrition to literacy. In addition, they provide timely and effective referrals to appropriate service providers while remaining an ongoing source of support for the participants.

HEALTHY FAMILIES OF CHEMUNG COUNTY – H.F.C.C.

Follows the Healthy Families of America model. Healthy Families serves Chemung County families who are expecting, or who have an infant under the age of three months. Home visitation services can continue until the child enters school or turns 5 years old. The Healthy Families program aims to support families, enhance parent-child interaction, and provide parents with information on child development, nutrition, bonding, discipline and brain development. Also the program makes referrals to other needed services. healthyfamiliesnewyork.org

HOME-BASED CRISIS INTERVENTION – H.B.C.I.

Provides intensive in-home services to Chemung County families and their children ages 5 – 17. This program is designed to assist children that have a mental health diagnosis and are demonstrating behaviors within the home that pose a potential risk for out-of-home placement. Program therapists assist families utilizing strength-based approaches in conjunction with personalized intervention techniques and practices. HBCI will help implement skills and resources to facilitate the development of a positive environment. The services are designed to be more intensive, flexible, accessible, and goal-oriented than traditional mental health services.

FIRST 1,000 DAYS PROGRAM

The First 1K Days is sponsored by the NYS Department of Health and operated by CIDS. The goal of this program is to enroll prenatal mothers and/or children before age 3 and offer information and referrals if desired. Examples may range from housing, food/nutrition, transportation, behavioral health, and substance abuse treatment. By identifying these needs of the parent/child, our Peer Family Navigators can help with those needs. Peer Family Navigators will remain in contact with identified families for the first 3 years of the child's life.